



Message from the Chairperson,

Dear Supporters and Members,

As we approach the mid-year mark, we are proud to share the progress and highlights of the past two months at the Coimbatore Cancer Foundation. Your unwavering support continues to drive our mission forward, enabling us to provide comprehensive care and support to those affected by cancer.

- Mrs. Sunitha



HIGHLIGHTS

- World No Tobacco Day
- Survivors Day Observation
- Patient Support Programs
- Brushed with Bravery – Small Warriors
- Collaboration with Community Health Centers
- From Struggle to Success: A Young Boy's Journey
- Stress Relief Program for Staff

On Ground Impact

	No. of Events	Beneficiaries
Events	02	120
Awareness	01	75
Financial Aid		12
Palliative Care (Visits)		101
Counseling – New		48
Follow-up		205
Bereavement Support		05



OUR EVENTS



WORLD NO TOBACCO DAY 31ST MAY 2024

World No Tobacco Day is dedicated to eliminating tobacco use in society. Every year on May 31st, the Coimbatore Cancer Foundation organizes events and programs to raise awareness. This year, on May 31, 2024, we conducted an awareness program with NCC cadets at PSGR Krishnammal College for Women. The theme was **“Protecting Children from Tobacco Industry Interference”**. The main goal was to relaunch our Tobacco-Free Coimbatore (TFC) project.



The event was graced by our chief guests
Thiru. M. Balakrishnan IPS (Coimbatore City),
Major K. Ashok Kumar,
Dr. P.B. Harathi
(Principal, Krishnammal College for Women),
&
Dr. M. Saranya Devi.



CANCER SURVIVOR S DAY 08TH JUNE 2024

Cancer Survivors Day was observed on 8th June 2024 at The Grand Regent in Coimbatore. The event was graced by Mr. R Shyam Sundar, Head of Human Resources at Pricol Ltd, as the Chief Guest. Special invitees included Mrs. Gayathri Chidambaram, Secretary of Temple of Fine Arts Shivanjali, and Mrs. NR Rajalakshmi, a cancer survivor and volunteer at Doctor Net. More than 33 survivors participated the event

The event began at 10 AM with cancer survivors lighting a lamp, symbolizing their fight against cancer. This was followed by inspiring talks from the special invitees. The survivors shared their personal stories and battles with cancer, creating a touching and supportive atmosphere. The day was filled with engaging and enjoyable sessions for all attendees, making the event both impactful and memorable.

LIGHTING THE PATH TO HOPE



PATIENT SUPPORT GROUP MEETING



Our patient support groups continued their monthly meetings, providing emotional and psychological support to cancer patients and their families. CCF counselors, including 14 patients, doctors, and students attended the session. Invitee Mrs. Rajalakshmi from Doc Net joined the program to share her experience and journey, aiming to motivate the patients. The program lasted for one hour and was very interactive and useful for everyone involved.



Brushed with Bravery:

Heartwarming Artwork by Little Warriors Fighting Cancer

During their time at PSG Hospitals, the young warriors battling cancer created beautiful drawings in their leisure time. These children, receiving treatment and care, found a way to express themselves through art. The counsellors of Coimbatore Cancer Foundation encouraged this creative activity to help the children forget their physical pain and focus on something joyful. The drawings are filled with vibrant colors and imaginative scenes, showcasing the incredible talent and resilience of these brave kids. Their artwork brings hope and smiles to everyone who sees it, proving that even in difficult times, beauty and creativity can flourish.



COMMUNITY CORNER



Triumph Over Adversity:

A Young Student's Journey from Hardship to Hope

A 12 year diligent student, who has just completed Class VI at Pachapalayam Government School, has faced numerous challenges. Coming from a family where his elder brother 14 years old who underwent surgery for Brain Tumour and is bedridden due to lower limb paralysis and blindness. His mother struggles to care for both children. This tough situation is further worsened by the absence of their father, who is an alcoholic and provides no support.

Despite these hardships, his story took a positive turn, thanking the compassionate efforts of the Coimbatore Cancer Foundation. Understanding the family's dire situation, a recommendation letter was given to **PSG Kanya Gurukulam Higher Secondary School, Coimbatore** to secure his education and accommodation at '**Manavar Illam**' for Grade 7, all free of cost.

Now he is an inspiring example of how timely intervention and community support can make a substantial difference in a child's life. Despite facing numerous challenges at home, now he got an opportunity to pursue his education and aim for a brighter future.

Collaboration with

Community Health Centers

On June 6th, the Aravanaippu team visited the Kangayampalayam Health Sub Centre. During this visit, the team had a productive meeting with Dr. Yasodha, a practitioner of Siddha medicine, and Mrs. Chandralekha, the Village Health Nurse. The primary focus of the discussion was the activities of the Coimbatore Cancer Foundation (CCF) initiative and the rural home-based palliative care services offered by the CCF - Aravanaippu team. The collaboration aims to ensure that patients receive holistic care that addresses both medical and supportive needs within their homes and communities.



TOBACCO & CANCER AWARENESS PROGRAM



கோயம்புத்தூர் கேள்சர் பவுண்டேஷன் மற்றும் கள்ளப்பாளையம் ஊராட்சி நிர்வாகம் மற்றும் சமூக ஆர்வலர் பொன்.கார்த்திகேயன் இணைந்து கள்ளப்பாளையம் அரசு மேல்நிலைப்பள்ளியில் மாணவ மாணவிகளுக்கு புகையிலைப் பொருட்கள் மற்றும் போதைப் பொருட்கள் மற்றும் அதனால் ஏற்படும் விளைவுகளை பற்றிய விழிப்புணர்வு நிகழ்ச்சி நடைபெற்றது. மருத்துவர்கள் தீபா, நிலா ஒருங்கிணைப்பாளர்கள் மற்றும் கவுன்சிலர் சரஸ்வதி செவியார் சிவகாமி ஆகியோர் கலந்துகொண்டனர். ஒன்றாவது வார்டு உறுப்பினர் கவிதா கார்த்திகேயன் தலைமையில் நடந்த இந்த நிகழ்ச்சியில் மேல்நிலைப்பள்ளி பள்ளித் தலைமையாசிரியர் தேவகிருபா ஜெயகிருஷ்ண ஆசிரியப் பெருமக்கள் மற்றும் நூற்றுக்கும் மேற்பட்ட மாணவர் மாணவிகள் கலந்துகொண்டு பயன்பெற்றனர். நிகழ்ச்சியின் நிறைவாக புகையிலை பொருட்களால் ஏற்படும் விளைவுகள் பற்றிய கோஷங்கள் மற்றும் விழிப்புணர்வு வாசகங்கள் அடங்கிய பதாகைகளுடன் புகையிலைப் பொருட்கள் விழிப்புணர்வுப் பேரணி நடைபெற்றது.

Coimbatore Cancer Foundation and Kallapalayam Village Govt Hr Sec School recently held a powerful Tobacco & Cancer Awareness Program, spreading vital knowledge to our young minds. With 75 enthusiastic students from the 11th and 12th standards participating, the event was a huge success. They learned about the dangers of tobacco use and the importance of cancer prevention, equipping them with the tools to lead healthier lives.



STRESS RELIEF PROGRAM FOR STAFF



Our stress relief program for staff has kicked off with great success! The first session was an energetic Zumba class conducted by Mrs. Princy Williams. Everyone had a fantastic time, fully immersing themselves in the lively and invigorating workout. It was a perfect way to unwind and de-stress!

The second session focused on "Setting Healthy Boundaries" and was led by Mrs. Sujatha. This insightful session provided us with valuable take-home messages and a chance for deep self-reflection. By the end of the program we felt more aware and empowered to create healthier boundaries in our lives.



Support Us

Your support is crucial in our fight against cancer. Here are ways you can help:

- **Donate:** Your donations fund our patient care and community programs.
- **Volunteer:** Join our team of dedicated volunteers and make a difference.
- **Spread Awareness:** Follow us on social media and share our posts to raise awareness about our cause..



Visit our website www.coimbatorecancerfoundation.com for more information.

Contact Us

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Thank you for your continued support.

With gratitude, **The Coimbatore Cancer Foundation Team**

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Together, we can make a difference

